



## Menu of Trainings

For more than 40 years, Raphael House of Portland has helped domestic violence survivors and their families find safety, hope, and independence. We believe that everyone deserves to live a life free from violence.

We also believe that education is a key to shifting cultural norms that perpetuate domestic, sexual, and intimate partner violence. Raphael House is committed to creating lasting change in our community by providing information, tools, and resources that promote safety, inclusivity, and equity for all!

Our team of experts offer a wide variety of trainings and workshops that can be customized to best fit your specific audience. Please see below for an overview of topics and contact us directly for additional details and to discuss how we can work together to support your individual needs.

**SAFETY:** For the duration of the COVID-19 pandemic, we are only offering presentations virtually. As restrictions lift, the option for either in-person or virtual trainings will be made available.

**CONTACT:** Nick Guerrero, MSW at [nguerrero@raphaelhouse.com](mailto:nguerrero@raphaelhouse.com) or (503) 243-5161.

**RATES:** Costs and staffing requirements may vary based on your needs. Contact us to discuss your budget. *Payment can be made by check or credit card.*

- **Public schools:** free.
- **Private schools and colleges:** \$100 per hour. *Discount offered if scheduling 10+ presentations.*
- **Businesses or Government:** \$200 per hour. *Hourly fee applies to training preparation, facilitation time, and number of staff needed for workshop(s).*
- **Non-profits and community partners:** contact us to discuss rates.

*“Our team engaged Raphael House to discuss safe space and how to interrupt rape culture. Their training was full of insight and led us down a path to changing internal policies and developing best practices to ensure that all of our events are safe spaces.”*  
– Samantha Swaim, owner of Swaim Strategies

## **AVAILABLE TRAININGS**

### **Business, corporate, or government training topics:**

- Identifying, responding to, and preventing sexual harassment
- Building a workplace culture that promotes equity, safety, and inclusion for all
- Healthy boundaries and communication – with colleagues and customers
- Identifying and responding to domestic violence, sexual assault, and sex trafficking
- Developing and maintaining professional relationships
- Practicing consent in the workplace

*Our staff can also help to assess your current workplace structure, relationships, and policies to offer customized training, tools, and assistance.*

### **School-based trainings:**

- What is teen dating violence?: Abuse types, tactics, and dynamics
- Identifying and developing safe, equitable relationships
- Consent 101
- Consent 102: Overcoming barriers to practicing consent
- Victim blaming and survivor barriers to leaving
- Sexual assault dynamics 101
- Sex trafficking 101
- Understanding exploitation and objectification
- How to support survivors: Tools, resources, and best practices
- Emotional and mental health skill building
- Student accountability on campus
- Student rights and resources
- Ability-inclusive curriculum series focused on consent, boundaries, safe relationships, and resources for parents and caregivers

### **Training for adult staff working in schools:**

- Understanding, identifying, and responding to teen dating violence
- Trauma-informed student support: Tools and resources for school staff
- Before a mandatory report: working with students disclosing harm or trauma
- Mandatory reporting and confidentiality
- Sex trafficking 101
- Understanding the dynamics of trading sex: Criminalization and stigma
- Creating a deeper understanding of trafficking (4 days)
- Objectification, exploitation, and deception (2 days)

### **Trainings for medical staff and students:**

- Domestic violence 101: Understanding dynamics of abuse and responding in a healthcare setting
- Tools for supporting survivors: Advocacy best practices and overview of local resources
- Intersections between domestic violence and addiction services

### **Community partner and service provider trainings:**

- Domestic violence 101: History, root causes, and an introduction to intimate partner violence
- Domestic violence 102: Understanding types, tactics, and dynamics of abuse
- Understanding power and oppression series
- Sex trafficking 101 for community service providers
- Intersections between domestic violence and addiction services
- In Their Shoes: An experiential learning activity. *Based on the experiences of real survivors, participants walk through various scenarios that someone in an abusive relationship might navigate.*
- Effects of domestic violence and trauma on youth
- Toxic masculinity: Unpacking the impacts of socially constructed gender roles
- Understanding vicarious trauma and the importance of self-care
- Technological literacy for advocates and human service professionals
- Understanding reproductive coercion: The impact of domestic and sexual violence on reproductive health
- Intimate partner sexual violence and reproductive coercion: An introductory understanding of how this specific type of abuse impacts reproductive coercion