

Creative & Resilient

...



“Raphael House changed my life. I don’t know what I’d be without their support. I am a stronger person today.”

—TAMORA, *Survivor and Mom of 3*



RAPHAEL HOUSE
of PORTLAND

Raphael House
was here for
5,702 survivors
of domestic violence
and community
members in 2022
thanks to our
supporters —
including you!

Survivors and our team continue to be incredibly creative and resilient in the face of Portland's housing crisis, record inflation, and sustained fallout from the pandemic. But as one survivor beautifully reflected, "We can struggle and thrive at the same time."

I see us thriving as we return to in-person activities, add new Housing Specialists to our team, teach thousands of teens about equitable relationships, and distribute over \$593,000 for essentials like rent and utilities to help families stay safe.

Thanks for being part of our compassionate community of supporters! Your gifts help us work alongside families as they build bright futures without abuse.



-Emmy

EMMY RITTER, LCSW
Executive Director



Meet Kali **Survivor and Mom**

“**The night I called** the Raphael House hotline, my kids and I were sleeping in our car to hide from my ex. **1** It was actually a coworker who gave me the number — she’d gotten help from them before. A couple weeks later, we were living in shelter with our cat, Opal. **2**

The girls loved our room, and we all felt safe, like we had a home. They made friends with other kids, and really liked art group and cooking club with their advocates. **3**

The day I found out we’d been approved for housing, one of my neighbors in shelter bought a cake that said ‘Happy Housing’ to celebrate. It was so encouraging!

The place we got was small, but it was ours, and we were together. And it helped that we were still getting support from Raphael House. I was learning to budget, getting food boxes and diapers, **4** and connecting with others in my support group who knew what I was going through. **5**

Then my ex found out where we were living, and things were dangerous again. I called my advocate right away, and they helped me make a plan to stay with a friend while I found a new place. Luckily we could move into another apartment that feels so much safer. **6**

We’ve been through some hard times, but things are moving forward. I will forever cherish and appreciate everything Raphael House has done for us!”

Stories and images have been anonymized for safety.

1 1,035 callers supported on our 24-hour hotline

2 INCLUSIVE SUPPORT
We proudly serve survivors of every age, gender identity, ethnicity, ability, immigration status, primary language, and sexuality, along with multi-generational families and pets.

3 289 children and teen survivors served

4 32,647 pounds of food and **6,600** diapers given out to families

5 316 support groups

6 92% of families across our programs are now in safe housing

All stats reflect impact in 2022.



HOW WE’RE BUILDING A FUTURE WITHOUT VIOLENCE

From crisis response, to long-term support, to violence prevention, our interconnected services at Raphael House are fostering a safer community for everyone.



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OUR SERVICES

SAFETY

Our life-saving emergency services are here for domestic violence survivors around the clock. Since 2020, calls to our 24-hour hotline have tripled in volume, and our confidential shelter is always full. Just last year, we provided 2,395 safe nights.

“I probably wouldn’t be alive if I didn’t get here. I can’t express how grateful I am for everything Raphael House has done to help me and my kids.” —JENELL



HOUSING

Because of the housing crisis, we added 2 new Housing Advocate positions and continue providing specialized advocacy through our Shelter to Stability Program – which pairs housing funding with long-term peer support. We also distributed **\$593,000** in emergency funds for costs like rent and utilities, and we help with rental applications, advocate with landlords, and remove barriers to housing (such as debt, often caused by abuse).



Spotlight on our Prevention Education Program

While continuing to teach thousands of students and adults about consent and equitable relationships, our Prevention Education program also reached a huge milestone in 2022 – expanding our Confidential Advocacy services into all 9 Portland Public High Schools in partnership with VOA Oregon Home Free. That means even more teens across our community have the support they deserve in the face of dating and sexual violence.



3,507

teens and adults participated in workshops



160

students supported via confidential advocacy



136

presentations given on equitable relationships and consent



17 YEARS

providing prevention education in Portland

Meet Julia

Prevention Education Specialist

“When I was a junior at Cleveland High School in 2014, I decided to start a club focused on ending sexual violence. I got connected with Raphael House’s Prevention Education Coordinator at my school, and she helped me organize it.

One tenth of the student body showed up to the first meeting. My school was ready for a change, which, reflecting now, was possible because of Raphael House’s investment in violence prevention there.

Eight years later, I’m on staff as a Prevention Education Specialist where I get to lead workshops on equitable relationships for teens and be a Confidential Advocate in Portland Public High Schools. I’ve experienced how much the culture has shifted since I was a student.

We have an extremely unique opportunity to impact people’s lives through Confidential Advocacy. Teens are experiencing violence – in their relationships and at home. As an Advocate, I get to provide a dedicated space for students to ask questions and make informed choices without the looming fear of me sharing their information.

Ultimately, I want everyone to know that violence is not inevitable. We get to imagine – and practice – what kind of world we want to have for our community.”



OUR SERVICES

COMMUNITY BUILDING

Community is vital to recovering from domestic violence. We offer diverse opportunities to connect, like fun family activities, field trips, and 5 weekly support groups. One survivor reflected on our trauma recovery group:

“I’m moving from feeling I don’t have a say to becoming more of my true self. In helping others with their challenges, I feel uplifted.”

—DINA

WELLNESS

Our dedicated advocate stationed at OHSU’s Richmond Clinic supports patients experiencing domestic violence and teaches clinic staff about aiding survivors. We also encourage the wellbeing of families across our programs by providing essentials like hygiene supplies, fresh produce, and clothing; helping survivors access health insurance and counseling; and offering activities like yoga and birthday parties.

OUR SERVICES

ADDICTION RECOVERY

Our Domestic Violence Recovery Mentor program – the first of its kind in Oregon – supports the unique needs of survivors facing addiction. All 4 members of this team share the experience of surviving abuse and being in recovery. They know firsthand how addiction is utilized as a tactic by abusers, who use substances to control and isolate survivors, limit access to treatment, and sabotage recovery.

VIOLENCE PREVENTION

All of our work at Raphael House is focused on preventing future violence. We bring specialized workshops about consent and equitable relationships into high schools through our Prevention Education program, provide training in local workplaces about responding to domestic violence, and model safe relationships for youth across our programs – to help them end the cycle of abuse.

MESSAGE FROM A MONTHLY DONOR

“Raphael House is doing important, life-changing work and that needs to be supported, especially by people who don’t need their services.

I’m proud to support the work of others that I’m not able to do myself.”

—MICHELLE ARNETT
Raphael House Empowerment Partner supporter

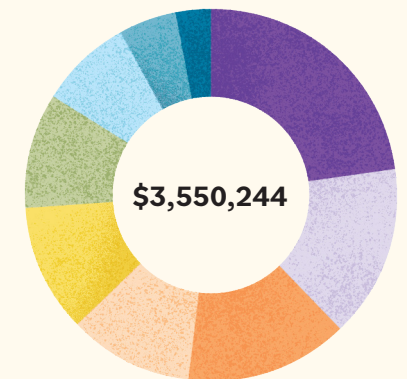


Financial Snapshot **2021-2022 Fiscal Year**

We were able to help **1,725** survivors across our programs last year because of our community’s generous contributions. Thank you!

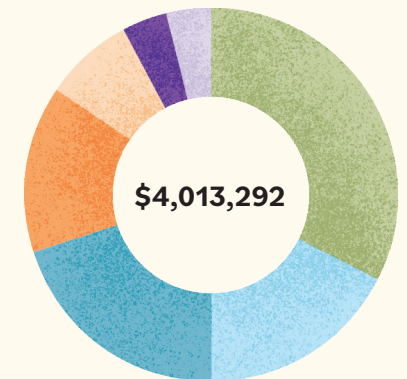
EXPENSES

- Emergency Services: **23%**
- Housing and Support Programs: **15%**
- Development: **14%**
- Advocacy Center: **11%**
- Recovery Mentors and Health Care Advocacy: **11%**
- Prevention Education: **10%**
- Administration: **8%**
- Youth Program: **5%**
- Volunteer and Internship Program: **3%**



REVENUE

- Multnomah County: **34%**
- City, State, and Federal Grants: **18%**
- Foundations: **21%**
- Individuals: **15%**
- Special Events: **8%**
- Corporate: **4%**
- Donated Materials and Services: **4%**
- Investments (Income and Unrealized Losses): **-4%**



There are many ways to give back to Raphael House, including monthly giving, planned and legacy giving, IRA distributions, gifts of stock, and by hosting donation drives. Contact Amanda Ives at aives@raphaelhouse.com or (971) 808-9644 to learn more!



Raphael House Gala

WEDNESDAY, OCTOBER 4 AT 6PM

HYATT REGENCY PORTLAND

We're thrilled to be back in person with inspiring guests, an exciting auction, gourmet dinner, dessert dash, and live music.

Purchase tickets, tables, and sponsorships, or make a gift at [raphaelhouse.com](https://www.raphaelhouse.com).

**JOIN US TO CELEBRATE STORIES OF
HOPE, SAFETY, AND RESILIENCE!**

**WE'RE HERE
TO HELP**

Get support on our 24-hour hotline at (503) 222-6222, or visit [raphaelhouse.com/get-help](https://www.raphaelhouse.com/get-help) to learn about resources.



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